

FSC 2026: Session: 5: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Breusegem Mathias

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 26: 200M BREASTSTROKE MEN **Heat:2, starttime: 10:09**

Heat: 2/6 Lane : 4 Athlete: SLOS ROBBIE **Q-time: 02:38:52**

PB (50m pool): 02:38.52 Antwerpen 13/07/2025 **PB (25m pool): 02:29.67 SB: 02:39.29 Lochristi 01/02/2026**

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.30	01:15.39	01:56.73	02:38.52	
	<i>00:35.30</i>	<i>00:40.09</i>	<i>00:41.34</i>	<i>00:41.79</i>	
	

Coach feedback:

Event number: 28: 50M BUTTERFLY MEN **Heat:1, starttime: 10:32**

Heat: 1/10 Lane : 5 Athlete: DE SMAELE KEYON **Q-time: 00:28:12**

PB (50m pool): 00:28.12 Antwerpen 27/07/2025 **PB (25m pool): 00:28.01 SB: no time**

	5 0 M	
PB	00:28.12	
	<i>00:28.12</i>	
	

Coach feedback:

Event number: 30: 100M BACKSTROKE MEN **Heat:2, starttime: 10:58**

Heat: 2/7 Lane : 7 Athlete: VERHEYDEN VINZ **Q-time: 01:05:62**

PB (50m pool): 01:05.62 Antwerpen 27/07/2025 **PB (25m pool): 01:03.91 SB: 01:06.95 Gent 08/02/2026**

	5 0 M	1 0 0 M	
PB	00:31.41	01:05.62	
	<i>00:31.41</i>	<i>00:34.21</i>	
	

Coach feedback:

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Event number: 32: 200M MEDLEY MEN				Heat:1, starttime: 11:17	
Heat: 1/6 Lane : 5 Athlete: VERHEYDEN VINZ				Q-time: 02:20:66	
PB (50m pool): 02:20.66 Antwerpen 27/07/2025			PB (25m pool): 02:20.14 SB: 02:21.19 Gent 08/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.04	01:07.02	01:47.34	02:20.66	
	<i>00:30.04</i>	<i>00:36.98</i>	<i>00:40.32</i>	<i>00:33.32</i>	
	

Coach feedback: